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Hey there and welcome back. We are in module seven. Here we will be talking about goals and focus and how to take inspired action towards the things that really mattered to you towards your dreams. So this is module seven and we are at the very end of the program. You've gone through all of it and now you're going to be experiencing how to wrap it all up so that you can take everything that you've learned and move it into the next phase of your business. I wanted to give this module to you at the very end and not at the very beginning because I wanted you to know what the options were. I wanted you to know where you should spend a lot more of your time when you go back, and so now that you have seen it, you can create some goals and focus around what kind of work you should be doing in order to move your business forward to the next level.

[00:52](#)

So for this particular section right after this, you're going to see the conclusion module that you will want to take a look at. That will help us to wrap it all up and put a nice bookend to all the work that we have been doing thus far. So in this particular module though, I want us to really understand what you desire in your life and in your business and to establish your goals and determine the focus for longterm planning for annual planning quarterly, monthly, weekly, and understanding also how to take an idea and break it down into a project plan so that you can execute it without getting overwhelmed. If you're the kind of person who has all of these big ideas, but you're not quite sure how to get started, this is going to help you to dive in deeper and to actually be able to know where to start, what to do next.

[01:50](#)

So in your creative burst for module seven, I want you to dream big. This is an exercise to use your right brain and really get creative with the kinds of things that you want to have happen in your life and in your business.

[02:04](#)

So here, I want you to spend a little bit of time, just set a timer for 10 or 15 minutes and create a wishlist for the rest of this year. And then if you want to spend a little bit more time, you can make sure this to do this for the future as well. But the wishlist for the rest of this year is to break out your life stuff, whether that's your friends or your family, fun and recreation, your personal stuff. Maybe that's your personal development, your health you want to work on or anything else in your personal life and your business wishlist as well. So I want you to dig into the workbook and let us know what are you thinking in terms of dreaming bigger.